



## Appendix F- Essential Caregiver Designation Form

### Designation of Essential Caregiver(s) Under COVID-19 Visitor Policy

Essential Visitors are persons performing essential support services (e.g., food delivery, inspectors, maintenance, or health care services (e.g., phlebotomy) or a person visiting a very ill or palliative resident). In addition to a person visiting a very ill or palliative resident, there are two categories of Essential Visitors: Support Workers and Essential Caregivers.

An Essential Caregiver is a type of Essential Visitor who is **designated by the resident** or, if the resident is unable to do so, **their substitute decision-maker (SDM)**. Essential Caregivers visit to provide care to a resident. This includes supporting feeding, mobility, personal hygiene, cognitive stimulation, communication, meaningful connection, relational continuity and assistance in decision-making. Examples of Essential Caregivers include family members who provide care, a privately hired caregiver, paid companions, and translators.

A resident may designate an external care provider as an Essential Caregiver even though that individual would also be considered a Support Worker.

A maximum of two (2) Essential Caregivers may be designated per resident **in writing using this form**. Any subsequent changes will also be documented using this form.

Note: In order to limit infection spread, a resident and/or their SDM may be encouraged to change the designation of their Essential Caregiver in limited circumstances, including in response to:

- A change in the resident's care needs that is reflected in the plan of care; and/or
- A change in the availability of a designated Essential Caregiver, either temporary (e.g., illness) or permanent.

#### **Caregiver Responsibilities:**

- All visitors must comply with the residence's visiting policy and procedures. Failure to comply with the visiting policy may result in the discontinuation of visit(s) when risk of harm from continual non-compliance is considered too high.
- A maximum of 2 Essential Caregivers per resident may visit at a time with physical distancing, appropriate PPE, and other public health measures.
- Prior to visiting any resident, visitors must follow screening requirements, including active screening, and safety review as applicable.
- If improper PPE practices are alleged or observed, the Essential Visitor must follow staff reminders and coaching on proper use of PPE.



<b>Resident's Name:</b> _____	
<b>Essential Caregiver #1:</b> _____ <b>Phone #:</b> _____	<b>Relationship to Resident:</b> _____ <b>Email:</b> _____
<b>Essential Caregiver #2:</b> _____ <b>Phone #:</b> _____	<b>Relationship to Resident:</b> _____ <b>Email:</b> _____
<b>Designated By:</b> <input type="checkbox"/> Resident / <input type="checkbox"/> SDM	
<b>Resident's Signature</b> (if applicable): _____	
<b>SDM's Signature</b> (if applicable): _____	
<b>Date Signed:</b> _____	
<b>CHANGE OF DESIGNATED CAREGIVER(S):</b> <i>(if applicable)</i>	
<b>Essential Caregiver #1:</b> _____ <b>Phone #:</b> _____	<b>Relationship to Resident:</b> _____ <b>Email:</b> _____
<b>Essential Caregiver #2:</b> _____ <b>Phone #:</b> _____	<b>Relationship to Resident:</b> _____ <b>Email:</b> _____
<b>Designated By:</b> <input type="checkbox"/> Resident / <input type="checkbox"/> SDM	
<b>Resident's Signature</b> (if applicable): _____	
<b>SDM's Signature</b> (if applicable): _____	
<b>Date Signed/Changes Take Effect:</b> _____	